

STREETVET KINGS TRAIL ARCTIC SNOWSHOE EXPEDITION

Highlights

- Two snowshoes! Five mountain huts! Sweden's 'King of Trails'. A great expedition in support of [StreetVet!](#)
- Discover Europe's last great wilderness on Sweden's 'King of Trails'
- Snowshoe the 100-year old Kungsleden (King's Trail)
- Capture the striking profile of Lapporten, the 'gate' to Lapland
- Master new skills as you snowshoe through the spectacular landscape of Abisko
- Leave only snowshoe prints as you pass Kebnekaise (Sweden's highest mountain) and track some of the park's amazing wildlife
- Learn about the Sámi culture and their way of life of reindeer herding
- Overnight in Swedish mountain huts and reward yourself with a traditional Swedish sauna
- Give yourself the best chance of witnessing the majestic dancing skies of the Northern Lights
- Experience back to basics living with chopping wood and fetching water in this pristine and remote Arctic wilderness
- Receive a complimentary [Water-To-Go bottle](#) when on this trip to minimise our plastic footprint in Sweden!



STREETVET



WELCOME

Välkommen

Overview

In the extreme north of Sweden, 180kms inside the Arctic Circle, hides the last remote wilderness of Lapland. Arriving here you will experience the unique home of the Sámi people and the Kungsleden (Kings Trail), an expansive landscape of incredible glaciers, birchforests, powerful rivers and the highest mountains in Sweden.

Your winter snowshoe expedition starts in Abisko, home to one of Sweden's oldest National Parks, and is one of the best places on earth to view the Aurora (Northern Lights). Averaging 14kms per day trekking through the spectacular and everchanging landscapes. Each night will be spent in remote Arctic mountain huts where you can enjoy a sauna to cap off a perfect day of snowshoeing.

This is an amazing opportunity to feel like an Arctic explorer with carrying your own kit of around 12 – 14kgs, chopping wood, lighting fire stoves for warmth in the mountain huts, cooking food and fetching water from remote ice wells. It's an incredible week in such pristine frozen wilderness. No previous snowshoeing experience is required as training and practice sessions are all provided.

Join us for this unique expedition which has been designed by Chief Ewe Jim and our local crew and is exclusive to Adventurous Ewe.





TRIP SUMMARY



Activity: Snowshoe Trekking
Duration: 7 days & 6 nights
Active days: 5 days snowshoeing
Distance: Approx 60kms in total
Accommodation: Swedish mountain huts & hostels
Cost: Deposit: £245 per person
Remaining balance: £2,000 per person
Total cost: £2,245 per person

Group size: 6 – 12 people
Trip grading: ■■■■■
Dates: **24 – 30 March 2025**
Partial solar eclipse 29 March 2025
Sponsorship pledge: £1000 per person for StreetVet

ROUTE MAP

Get ready for an adventure



An incredible journey through the frozen pristine wilderness that you will remember for a lifetime. Please note that this is a guideline and we ask for your flexibility on this due to factors outside our control which may affect your schedule such as flight delays, weather, ability of the group, etc.

DAY 1

Flight from UK to Kiruna and transfer to Abisko National Park

DAY 2

Abisko practice Snowshoe, Sámi village visit & snowmobile transfer to Lake Alesjaure

DAY 3

Lake Alesjaure to Tjakja Mountain Hut (14kms / 6 hours)

DAY 4

Tjakja Mountain Hut to Salka Hut (14kms / 5 hours)

DAY 5

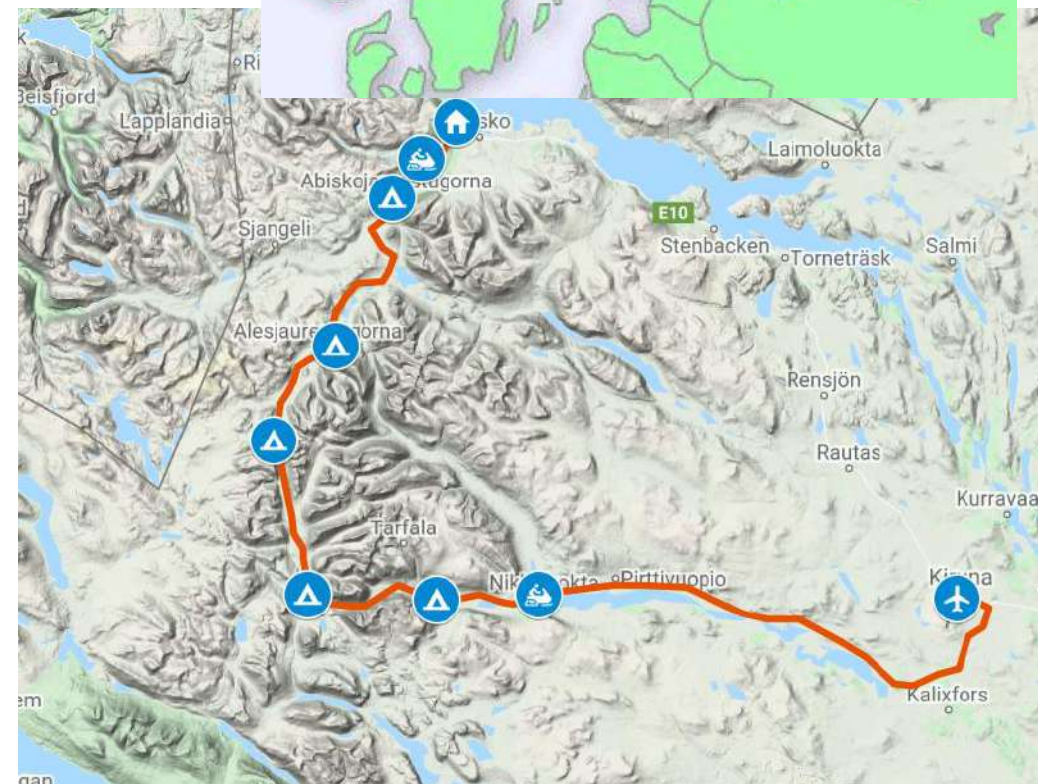
Salka Hut to Singi Hut (13kms / 5 hours)

DAY 6

Singi Hut to Kebnekaise (15kms / 6 hours)

DAY 7

Kebnekaise to Kiruna Airport and return home



ITINERARY

2 snowshoes. 60kms trek. Arctic Circle. Northern Lights. 1 unique journey

THE CHALLENGE – snowshoe the Kings Trail in northern Sweden and discover the last true wilderness of Europe.

Untouched and protected since the early 1900's, you will find yourself in complete awe of this stunning Arctic landscape – the air so crisp, the low sunlight so icy blue, the majestic beauty of the frozen tundras, glaciers and ultimate remoteness. Get ready for an exceptional journey like no other.

DAY 1

Flight from UK to Kiruna and transfer to Abisko National Park

UK to Stockholm-Arlanda (ARN) and Stockholm-Arlanda (ARN) to Kiruna (KRN)

1.5 hour transfer to Abisko

Meet the team and trek briefing

On signing up for the trip, we will provide you with the recommended flights to book or alternately, we can book the flights for you through our ATOL protected Flight Agent at an additional cost. Flights are not included in your to give you the flexibility to travel from your nearest airport, use any frequent flyer points or extend your stay in Sweden if you wish. The recommended flights will include airport transfers in Sweden. There are direct flights from London and non-direct flights for all major airports across the UK. Flights are operated by SAS and Norwegian Air and cost upwards of £350pp economy return, depending on which flights and when you book.

On your arrival into Kiruna on the recommended Adventurous Ewe flight time, you will be met with a transfer to take you from Kiruna Airport to Abisko, taking approximately 1.5 hours. Arriving at Abisko Mountain Station, almost Sweden's most northern point, it's a great starting place for the northern section of the King's Trail expedition. The scenery is spectacular with views of the impressive u-shaped mountain formation 'Lapporten' and the grand lakes Torneträsk and Sjumilasjön. Here you'll meet your Swedish Arctic Guide who will provide you with a full briefing of your adventure ahead. Later in the evening dinner will be served in the restaurant with your chance to sample some Swedish cuisine. Your lodging for this evening is in freshly renovated 4-bedded hostel rooms with shared bathroom. Time permitting, you may have the opportunity for an optional trip to the Abisko Sky station to view the Aurora.

Included

Transfer:

For those on Adventurous Ewe's recommended flight to Kiruna, you'll be met at the airport and transferred to your hostel in Abisko. For those who are not on or near this flight, you can catch a taxi to the hostel.

Accommodation:

Mountain station (4-bed dorm basis)

Meals:

Dinner

DAY 2

Abisko Snowshoe (6km trek / 3 hours), Sámi village visit and snowmobile transfer to Lake Alesjaure

Snowshoe fitting, training and warm up trek

After breakfast you will be issued with your snowshoes and the team will head out to explore Abisko National Park directly from the Mountain Station. This is a perfect time to try out your equipment and learn the technique of snowshoeing. Plus you will have the chance to see the striking profile of Lapporten, a 'gate' formed by neighbouring hills that serves as the legendary gate to Lapland. Your snowshoeing trek will also take you through a reconstructed Sámi village where you will learn about the Sámi culture. Sweden's indigenous people, the Sámis, have a deep-rooted tradition of reindeer herding as their way of life and the way they have adapted to living in such extreme conditions is remarkable.

After 2 - 3 hours of snowshoeing you will return to the Mountain Station for lunch before your exciting 35km transfer by snowmobiles to the high mountains and your cabins at Lake Alesjaure. This will take approximately 2 hours. That evening, your lodging will be in mountain huts with either gas or wooden fire heating and there's the welcomed opportunity to enjoy a sauna in the Swedish highlands. Any kit not needed for the snowshoe hike can be sent to the finish at the trailhead in Nikkaluokta.

Included:

Transfer:

Snowmobile transfer from Abisko to Lake Alesjaure

Accommodation:

Mountain hut (dorm rooms)

Meals:

Breakfast, lunch & dinner

ITINERARY CONTINUED

2 snowshoes. 60kms trek. Arctic Circle. Northern Lights. 1 unique journey

DAY 3

Lake Alesjaure to Tjakja Mountain Hut (14kms / 6 hours)

This is the start of your King's Trail adventure! The first part of today's leg takes you along the frozen Alesättno River with steep mountain walls rising more than 1000 meters. The valley will narrow as you start the climb up towards the Tjåktja mountain-cabin. You will cover approximately 13km in distance through the awe-inspiring landscape gaining 200 metres in ascent. Lodging will be in mountain huts with either gas or wooden fire heating. On reaching the mountain huts each evening, in small teams you will adopt the expedition style roles of wood chopping for the fire stoves, fetching water from remote ice wells and cooking dinner. Your crew will assist you together with the amazing Swedish folks who volunteer at the mountain huts. This gives you a real sense of remote living and community spirit.

Included

Accommodation:	Mountain hut (dorm rooms)
Meals:	Breakfast, lunch & dinner



DAY 4

Tjakja Mountain Hut to Sälka Hut (14kms / 5 hours)

Following breakfast, you will set out on your second day of snowshoeing through this everchanging frozen landscape. This morning your track continues upwards to the awe-inspiring Tjåktjapass at 1140 metres. On reaching this high point the remarkable Tjåktjavagge Valley opens up below you with incredible panoramic views stretching over 40 kilometres across the Arctic terrain below. This is one of the greatest views on the Kings Trail. You will then slowly descend winding your way to your mountain cabins at Sälka. Waiting for you here is another chance to have a sauna in this pristine frozen environment!

Included

Accommodation:	Mountain hut (dorm rooms)
Meals:	Breakfast, lunch & dinner



ITINERARY CONTINUED

2 snowshoes. 60kms trek. Arctic Circle. Northern Lights. 1 unique journey

DAY 5

Sälka Hut to Singi Hut (13kms / 5 hours)

The hike between the cabins at Sälka and Singi is among the most beautiful and magnificent that the Swedish mountain realm can offer. Imposing summits, steep slopes and huge glaciers surround you as you walk across the vast frozen landscape. The route takes you through the vast valley of Tjäktjavagge. The magnificent surroundings will keep you mesmerised as you leave snowshoe tracks in the fresh snow. You will be graced with incredible views across the powerful Drakryggen and the northern summit of Kebnekaise, and the peaks just keep on appearing one after the other. This will be your final night of lodging in mountain huts and undertaking the rewarding jobs of wood chopping and fetching water.

Included

Accommodation: Mountain hut (dorm rooms)
Meals: Breakfast, lunch & dinner



DAY 6

Singi Hut to Kebnekaise (15kms / 6 hours)

Your final day in snowshoes will see you leave the Kungsleden long-distance trail. The hike between the Singi cabins and the STF Kebnekaise mountain station passes through the narrow part of Laddjuvagge with truly spectacular scenery. The route continues eastwards towards the imposing passage between the steep rugged slopes of Singitjåkka and Skártoaivi. After passing the narrow part of the Laddjuvagge valley, you arrive where the landscape opens. The final few kilometres to the will see you wind your way to the finish at Kebnekaise Mountain station, which is at the base of the highest mountain in Sweden and the heart of Swedish alpinism. It's the perfect way to complete your arctic adventure. A final chance for another well-deserved sauna and shower before a celebration dinner at the restaurant that evening!

Included

Accommodation: Mountain station
Meals: Breakfast, lunch and dinner



ITINERARY CONTINUED

2 boots. 52ms trek. 4 diverse areas. 1 unique journey

DAY 7

Kebnekaise to Kiruna Airport

Following a delicious Swedish breakfast in Kebnekaise you will have a snowmobile transfer through the frozen Valley of Ladtjovagge to Nikkaluokta. (19kms / 1 hour). This will be followed by a vehicle transfer to Kiruna Airport (1 hour 15 minutes). Full of an immense sense of pride, new skills, a greater understanding of this amazing wilderness and its people, new friends and endless stories of a week spent in the Arctic Circle, it's time to return home.

Included

Transfers:	Snowmobile transfer and vehicle transfer
Meals:	Breakfast



TRAVEL APP

Once signed up, all your trip details and updates will be available through our free travel app, **Vamoos**. It's accessible 24/7 and the excitement will build with the countdown to your adventure starts. Plus, no more paper, A'ppy days.



TRIP SUMMARY

Itinerary at a glance



TRIP DETAILS

Itinerary, activity details and inclusions



TRAVEL DOCUMENTS

Training guide, kit list & exclusive discount codes, meet the team, emergency contact details, essential info doc



OTHER INFO

Weather, maps, etc.



ESSENTIAL INFO

The nuts & bolts of your adventure



01



Safety & well-being

Adventurous Ewe puts the safety and well-being of you, our leaders & crew and the communities we visit at the centre of all our operations, always. Your safety and well-being is our top priority.

The Kings Trail Arctic Snowshoe will require preparation as the expedition is designed to take you out of your every-day comfort zone and achieve something incredible. Rest assured we have a thorough Safety Management System, in-depth risk assessments and risk management systems in place.

You're in safe hands with Adventurous Ewe.

Leaders & crew

All our Adventurous Ewe Guides are experienced Leaders and have been carefully selected to ensure you have the best and safest experience with a bit of humour thrown in for good measure. They're a fun bunch with plenty of Winter trekking experience. All Guides are first aid trained.

Your Local Arctic Guide is a key part to this trip. Expertly trained and experienced in every field of this Arctic expedition, bilingual and qualified in first aid and/or Wilderness First responder. They also have a huge passion for what they do and have plenty of knowledge ready to share with you. They're responsible for ensuring the complete safety, well-being and enjoyment of the team.

The Leaders have radio and satellite phone contact with base, the local office and Adventurous Ewe's HQ

Trip grading

The Kings Trail Arctic Snowshoe Expedition is graded as **'Tough'**. This is due

there being 5 consecutive days of snowshoe trekking in Arctic conditions. To complete the trek comfortably, it is preferable that you have previous experience of long treks in varied and irregular terrain carrying a 45 litre day-pack. You don't need previous snowshoe experience as training will be provided, however it is beneficial that you are a confident walker with a good level of fitness to manage the duration of the trek, combined with carrying your day-pack. During the expedition you'll carry all your own kit together with food, emergency shelter and snow shovel (the latter two items will be shared between two people).

Preparation is key to help you get the most enjoyment and reward from this adventure. A good level of fitness, endurance and some gritty determination will help you conquer each day. A training programme will be provided to help you reach the start line knowing that you're set to enjoy the journey ahead.

adventurousewe.co.uk/kings-trail-arctic-snowshoe/



02



03



04



05



Group size

We pride ourselves in small group trips to minimise the impact on the environment, to maximise your safety & well-being and to make your experience more authentic.

The minimum group size for event is **6 people** and the maximum group size is **12 people**.

You are most welcome to join this expedition as a group of friends, family or colleagues or as a solo traveller. You are also welcome to use this trip as a fundraiser for the charity of your choice.

If you have a group of over 6 people, we would be more than happy to run a private trip for your team, bubble, your charity or your company. Please get in touch for more info.

Training

A bespoke training programme will be provided when you join this trip to help you with your preparations.

You are also most welcome to visit our Training and Preparation page at <https://www.adventurousewe.co.uk/training-kit/>

Our motto is:
Train hard, smile harder and enjoy the journey!

Kit and discount codes

A full kit list will be provided when you join this adventure together with an exclusive Adventurous Ewe discount code for independent outdoor retailers.

Packing and kit tips will also be provided when you sign up.

You'll be supplied with snowshoes and trekking poles based on your size. You will have the opportunity to learn and practice using these items the day prior to setting out on your expedition. No previous snowshoeing experience is required. You will also be provided with a group shelter and snow shovel which will be carried between two people.



06

07



Adventure with purpose

We're very proud to have teamed up with leading climate change charity **Cool Earth** and invest a % of our revenue into supporting their critical conservation projects around the world.

This partnerships means that just by joining the flock and taking part in this trip, you will not only have an incredible experience, but you can do so by knowing you are actively supporting rainforest communities across the globe, sustainably.

Any queries?

Feel free to contact Jim or Sue at:

jim@adventurousewe.co.uk

susan@adventurousewe.co.uk

call 01492 588 069 or chat to us online via the website.

We're here to help, support and guide you as much as you need.



Travel Admin

A quick snapshot of what you need to know...

Financial security

If your adventure needs to be cancelled for any reason, like say a global pandemic, you won't be left stuck and you'll be offered plenty of alternative options thanks to our financial protection through our insurance company. What's more, in the very unlikely event of Adventurous Ewe going under, you'll get your money back and be repatriated if you were on a trip at the time. This cover has been arranged by [IPP \(International Passenger Protection\)](#) which is underwritten by Liberty Mutual Insurance Europe SE (LMIE) trading as Liberty Specialty Markets, a member of the Liberty Mutual Insurance Group.

Passport

To travel to Sweden, you must follow the [Schengen area passport requirements](#).

To enter Sweden (and all Schengen countries) your passport must:

- have a 'date of issue' less than 10 years before the date you arrive. Passports issued after 1 October 2018 are now valid for only 10 years, but for passports issued before 1 October 2018, extra months may have been added if you renewed a passport early
- have an 'expiry date' at least 3 months after the day you plan to leave.

Visa

You can travel without a visa to the [Schengen area](#) (which includes Sweden) for up to 90 days in any 180-day period as a tourist.

Insurance

Travel insurance is compulsory for all our overseas trips. It is a condition of joining this trip that you are fully insured against medical and personal accident risks (to include repatriation costs and air ambulance or helicopter rescue services where appropriate). We strongly recommend that the policy also covers the activities you are undertaking more specifically for the adventurous activities undertaken of winter sports, flight delays, personal liability, cancellation, curtailment and loss of luggage and personal effects.

For UK residents we have partnered with Campbell & Irvine to provide you with a travel insurance program that includes Covid-19 cover. If you would like to obtain cover for your trip please feel free to contact specialist Insurance Brokers, [Campbell Irvine Direct](#) for a quote or [contact us](#) for more information about a policy.

Vaccinations

For the most up to date info on vaccinations, please consult with your GP or travel healthcare practitioner 8 weeks in advance of travel. For more info, feel free to visit <https://www.fitfortravel.nhs.uk/destinations/europe-russia/Sweden>.





WHY ADVENTUREOUS EWE

Big adventures, small footprints

Here at Adventurous Ewe we think, talk, love, live and breathe adventure. We create and deliver worldwide adventures, whether they be trailblazing itineraries to remote pockets of the globe or classic bucket list adventures. At the core of each trip creation is real and meaningful connections to destinations and people.

We're a friendly family business operating since 2007 with decades of adventure travel experience, knowledge and insight that you can depend on. We're passionate about igniting your adventurous spirit and achieving the extraordinary in some of the world's most incredible places. We're also proud to be the main UK trip supplier for **Much Better Adventures**.

We're also proud to operate adventures with reason by supporting both local and global environmental charities, the **Snowdonia Society** and **Cool Earth**. So by joining the flock for your next trip, experience the feel-good factor that you're helping the planet through these partnerships. We not only want to make a difference to your life, your experiences and your stories, but to the lives, communities and environments of this awe-inspiring planet.

Why join us:

- ✓ Reconnect and gain a fresh perspective through the lens of adventure
- ✓ Be bold, be ambitious and experience an adventure to remember
- ✓ Feel protected, feel safe and know your wellbeing is our focus
- ✓ Be part of something bigger and help the environment and local communities grow
- ✓ Meet and mingle with the people of the planet
- ✓ Enjoy the whole journey - the support & guidance from AE, the new friend-sheeps made, the thrill of travelling, the people & places, the great achievements and difference you can make - not only to your life, others too!

We're excited to be immersed in your adventure from your very first step. Travel is a force for good, for everyone!

All you need is the....

1. **Courage** to start
2. **Strength** to endure
3. **Determination** to finish! **#ewecandoit**

HELPING SHAPE THE FUTURE OF TOURISM

Adventurous Ewe may only be a small tour operator however we are proud to be part of these fantastic initiatives with our operations and as a collective collaboration, make a difference to the safety and future of tourism.

AITO

Following a rigorous assessment process, Adventurous Ewe is delighted to be a member of AITO, the association for specialist travel companies. The membership is formed of companies, usually owner-managed, who strive to create travel experiences with high levels of professionalism and a shared concern for quality and personal service. The Association promotes the unique range of its members' travel packages and encourages the highest standards in all aspects of tour operating. Our membership also dictates that we have financial protection for all our trips and other arrangements (including accommodation only) booked by you.

Travelife Partner

Travelife Partner Award Adventurous Ewe complies with more than 100 criteria, related to an operator's office management, product range, international business partners and customer information. The Travelife Partner level standard is covering the ISO 26000 Corporate Social Responsibility themes, including environment, biodiversity, human rights, and labour relation. Mr. Naut Kusters, manager of Travelife for Tour Operators, "I am delighted to see that sustainability in the tour operator sector is obtaining momentum. The Partner award of Adventurous Ewe will inspire other companies in Europe to follow the same path". Travelife is the leading international sustainability certification for the travel sector. More than 35 national travel associations are promoting the scheme to their members including, SMAL, APAVT, UHPA, ANVR, ABTA, PATA and more.

Tourism Declares Climate Emergency

As part of being part of Tourism Declares a Climate Emergency, we have put in place an action plan to reduce our carbon emissions in the next 12 months.

Future of Tourism

We've also joined the movement to reshape the Future of Tourism. We are excited to announce that Adventurous Ewe has signed the new set of Guiding Principles launched by the Future of Tourism Coalition. As a signatory, we commit to please destination needs at the centre of our recovery strategies and do our part to build a better tomorrow for travel and tourism. Learn more at www.futureoftourism.org. #FutureofTourism

Glasgow Declaration

Launched at COP26, the Glasgow Declaration aims to unite everyone in the tourism sector around a common set of pathways for climate action. As a signatory, Adventurous Ewe commits to:

- Support the global commitment to halve emissions by 2030 and reach Net Zero as soon as possible before 2050;
- Deliver climate action plans within 12 months from becoming a signatory and begin implementing;
- Align plans with the five pathways of the Declaration (Measure, Decarbonise, Regenerate, Collaborate, Finance) to accelerate and co-ordinate climate action in tourism.



For more info please visit: <https://www.adventurousewe.co.uk/tourism-declares-a-climate-emergency/>

ADVENTURE WITH PURPOSE

Our mission: to harness the power of travel to conserve and protect the world's precious natural spaces, one epic adventure at a time.

Our goal: to ensure rainforest communities benefit from adventure tourism, and to educate and inspire our flock to help actively support these communities across the planet.

Now more than ever our commitment to maintain our support of one of the leading global climate change charities, **Cool Earth** and the local protection and sustainability work of the **Snowdonia Society**, is of utmost importance.

To do this we'll continue to contribute a % from every booking to Cool Earth and maintain our partnership with the Snowdonia Society. It's time that we all live in a more responsible world. This means that not only will you have a fabewelous experience when you travel with Adventurous Ewe, you can do so whilst taking pride in knowing that you are helping support both of these fantastic causes.

Snowdonia National Park Ambassador

Adventurous Ewe have been a founding member of the Snowdonia National Park Ambassador Scheme since 2019. The scheme was formed to strengthen links between stakeholders working within the tourism industry and the National Park and provide training to create a greater understanding and knowledge about the area's natural and cultural resources, in order to improve the overall visitor and local experience.

For more info please visit: <https://www.adventuroousewe.co.uk/about-us/adventurous-ewes-partnership-with-cool-earth/>

COOL EARTH



TOP TIPS

Snowshoeing

- Dress the part and in layers of breathable fabric ie merino wool. Always have a pair of gloves or mittens (Hestra Alpine or Mountaineering gloves), merino wool winter hiking socks, a warm beanie that covers your ears, waterproof trousers & hooded waterproof jacket (Gore Tex or similar), and sunglasses as snow in the sunlight is intensely bright.
- GOOD boots!! Make sure they are insulated, waterproof winter boots with higher ankle support, thick soles and rubber or leather uppers are ideal ie. Salomon Toundra Pro boots or The North Face Chilkat snow boots
- Train in your kit including the wearing of your daypack with weight inside. Ensure your kit is suitable and comfortable for your exciting expedition. Any questions, please contact us
- Know where you pack your stuff so that it's easily accessible ie. down jacket for when you stop for a break, snacks, water, first aid, factor 50 sunscreen, any medication, lip balm, etc.
- Pack your kit inside a dry bag and also have a rain cover for your daypack
- Bring your own facemask (optional) and hand sanitiser (essential)
- Look after your feet – blister prevention
- Bring some of your favourite high calorie snacks. Remove as much packaging as possible before taking it on the trek (less litter to carry)
- Bring your own water bottle, your Water-to-Go bottle and a wide mouth Nalgene bottle that you can refill and avoid plastic bottles. Plus bring a good flask for a hot drink.
- Have an understanding of the history of the Sámi people and culture
- Study up on how to take photos of the Northern Lights
- Be respectful of the local people, the volunteer caretakers of the mountain huts and this pristine Arctic wilderness
- Have fun. Snowshoeing is one of the most welcoming and friendly of the winter sports. Blaze your trail and have a blast doing it.
- **Most importantly.....ENJOY THE ENTIRE EXPERIENCE!**





COST

Deposit:	£245 per person payable on booking
Remaining balance:	£2,000 per person payable 6 weeks prior to start of trip
Total cost:	£2,245 per person
Sponsorship:	£1,000 per person pledge to raise

Sponsorship

StreetVet will support your fundraising journey with plenty of tips and advice. All sponsorship monies to be sent directly to [StreetVet](#).

Monthly payment plan

You can opt to pay via monthly instalments. Simply get in touch with us at info@adventurousewe.co.uk

We've got you covered – financial protection

If your adventure needs to be cancelled for any reason, like say a global pandemic, you won't be left stuck and you'll be offered plenty of alternative options thanks to our financial protection arranged through [IPP](#) (International Passenger Protection).

Book & Travel with Confidence

As well as carefully crafting amazing and meaningful adventures across the planet, we've made booking them as flexible, safe and as simple as possible.

For the latest info regarding booking and travelling with Adventurous Ewe, please visit our [website](#).

INCLUSIONS & EXCLUSIONS

KINGS TRAIL ARCTIC SNOWSHOE EXPEDITION

INCLUDED

Pre-trip:

- Personalised trip support in the lead up to your trip from Adventurous Ewe
- Training guide
- Discount on personal kit from independent outdoor specialist retailers both in shop and online
- Trip info supplied via our free mobile travel app
- Public liability insurance
- Financial Protection for your booking
- Monthly payment plan available
- Risk assessment and emergency management planning
- Free [Adventurous Ewe Water-to-Go Bottle](#)

During your trip:

- Qualified UK Mountain Leader with groups of 7+
- Qualified Swedish Arctic Mountain Guide
- Garmin Connect emergency device
- 2 night's high mountain station accommodation
- 4 night's mountain hut accommodation
- All meals as outlined in your itinerary
- Snowshoe, trekking pole, group shelter and snow shovel hire
- Snowmobile transfers
- Sauna in Alesjaure and Sälka
- Safety equipment and first aid provisions
- Helicopter transfer from Kebnekaise to Nikkaluokta if there is not sufficient snow for a snowmobile transfer
- All vehicle transfers in country
- Expedition management before, during and post trek.

NOT INCLUDED

Currently not included but can be organised at an additional cost

- Return flights from the UK (LHR or LGW) to Kiruna Sweden. Flights can be booked through our Flight Agent who is ATOL protected
- Any overnight accommodation required during flight times / stopovers / extensions
- Luggage transfer between Abisko to Nikkaluokta, cost approx. £15 per bag, which can be shared between two people
- Option to extend your trip and stay in the Ice Hotel in Jukkasjärvi.

Items not included

- Travel insurance (mandatory). Click [here](#) for a quote through Campbell & Irvine Direct
- Clothing and equipment on your Kit List
- Any personal snacks, electrolytes and medication
- Single room supplement (please note, this is not available in the mountain huts due to the nature of this expedition)
- Personal spending money, cash is needed for purchases in the mountain huts for snacks & drinks
- Additional excursions outside the itinerary
- Tips for local crew
- Other items not listed on your itinerary
- Any expenses incurred with leaving the trip early ie. hotel accommodation or change of flight costs, etc.

KIT LIST

Good quality, durable kit could mean the difference between a fantastic trip and an uncomfortable one. This is a list of recommended kit to take on your Arctic expedition.

BAGS

- ☐ **Rucksack** – 50 - 65 litre with waist straps for carrying your kit needed during your expedition, a snow shovel, group shelter and food & drinks
- ☐ **Small duffel or rucksack**. Before leaving Abisko you can leave a small bag of clothing which will be transferred from Abisko to the end of the trail ready for your collection at a cost approx. £15 per bag, which can be shared between two people
- ☐ **Dry bags** – for clean and dirty kit whilst trekking

CLOTHING

- ☐ **Water-proof jacket with hood AND water-proof trousers**. It's imperative to have good quality water-proof clothing which is breathable. We recommend the following fabrics: Gore-Tex Pro, Gore-Tex or Páramo.
- ☐ **Wind-stopper jacket** or a **soft-shell jacket** which is wind-proof
- ☐ **Down jacket** ideally with a hood. Essential for when having breaks during your expedition, for wearing at night or in extreme weather conditions
- ☐ **Midlayer or fleece**
- ☐ **Trekking trousers** – soft shell trousers are ideal
- ☐ **Base layers** (merino wool or wicking fabric) long-sleeved top x 2 and long johns x 2 (one pair for snowshoeing and one pair for mountain hut & sleeping)
- ☐ **Neck warmer** or merino wool buff – which can also be pulled over the lower half of your face in poor weather conditions (there are face masks available with an airhole for breathing)
- ☐ **Beanie** which covers your ears and is lined for extra warmth
- ☐ **Gloves or mittens** - insulated and waterproof (Gore-Tex) ski gloves or mitts. We recommend Hestra Alpine or Mountaineering gloves
- ☐ **Inner/liner gloves** – ideally merino wool, windproof
- ☐ **Socks** – liner socks x 3, merino wool mountaineering extra thick socks x 2. We recommend Smartwool Merino Mountaineering Extra Heavy Crew Socks
- ☐ **Underwear** – merino wool or wicking fabric
- ☐ **Clothes for mountain huts and general travel**

FOOTWEAR

- ☐ **Winter boots** - insulated, waterproof winter boots with higher ankle support, thick soles and rubber or leather uppers are ideal. E.g. Salomon Tundra Pro boots or The North Face Chillkat snow boots. Both available in mens and womens makes
- ☐ **Slippers** with rubber sole or **crocs** for mountain huts
- ☐ **Trainers** or similar for travel

EQUIPMENT

- ☐ **Sleeping bag** – 3+ season. The mountain huts have wood burner stoves which help with heating therefore 4+ season sleeping bags are not required. Option to bring a sleeping bag liner for extra warmth and protection of your sleeping bag.
- ☐ **Ski goggles** - must have strong UVA/UVB protection. Used in poor or windy weather conditions
- ☐ **Sunglasses** - must have strong UVA/UVB protection. Ideally be wrap-around glasses to fully protect the eyes from potential strong reflections off the snow
- ☐ **Gaiters** - water-proof knee height gaiters to prevent snow entering your boots
- ☐ **Spork** – for eating in mountain huts
- ☐ **Flask or thermos** – 1 litre, for carrying hot drinks or soup
- ☐ **Water bottle** – 2 litre capacity. Wide mouthed water-bottle as narrow mouths and camel-packs/platypus/bladder systems will freeze. Recommend Nalgene wide mouthed water bottles
- ☐ **Head torch and spare batteries**

TRAVEL ADMIN

- ☐ **Passport**
- ☐ **Flight tickets**
- ☐ **Travel insurance policy and emergency number**
- ☐ **Debit/credit cards/cash** – Swedish Krona. Change money in Stockholm airport at the latest. At some mountain huts there's the opportunity to purchase drinks & snacks for cash only.

ADDITIONAL ITEMS

- ☐ **Antibacterial hand gel**
- ☐ **Sunscreen and lip block** – minimum SPF50
- ☐ **Favourite snacks** - both sweet and savoury
- ☐ **Electrolytes**
- ☐ **Camera** – enclose in a dry bag
- ☐ **Toiletries** – including biodegradable loo paper, dog poop bags, soap/shampoo, travel hand soap, eco-friendly wet-wipes, toothpaste & bamboo toothbrush, deodorant. Please note, there are no showering facilities in the mountain huts. Sauna facilities and a bucket wash are available at 2 of the mountain huts
- ☐ **Travel toiletries**
- ☐ **Travel towel and/or sarong** – for saunas
- ☐ **Personal First Aid** - personal medication plus paracetamol, ibuprofen, antihistamines, rehydration sachets, and plasters/Compeed blister pads, zinc oxide or Rock tape, knee or ankle support if you experience knee or ankle problems, etc.

NICE TO HAVE

- ☐ **Duct tape** for emergency repairs – wrap some around your water bottle rather than carrying a whole roll
- ☐ **Ear plugs** for mountain huts
- ☐ **Reading material / card games** for mountain huts
- ☐ **Spare dry bag** for dirty or wet clothing
- ☐ **Portable charger**
- ☐ **Small foldaway**
- ☐ **Small foam pad** or similar to use to sit on during breaks on expedition

WHAT YOU WILL BE SUPPLIED WITH

- ☐ **Snowshoes**
- ☐ **Trekking poles**
- ☐ **Snow shovel and group shelter**

ADVENTUROUS EWE

Big Adventures, Small Footprints

EST 2007

We not only want to make a difference to your life, your experiences and your stories, but to the lives, communities and environments of this awe-inspiring planet.

- We believe in epic goals, trailblazing adventures and pushing boundaries
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- We celebrate the things that make us different and doing things that make a difference
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EPIC
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We look forward to welcoming you to the Arctic Circle for this very special expedition showcasing a beautiful country and its people.



STREETVET

